

DELRAY VILLAS REC. NEWS

13773 Circular Drive, Delray Beach, FL 33484

APRIL 2026 VOL. 17 NO. 4



REC. BOARD MEETING

April 7, 2026

7 PM IN A BUILDING

OFFICERS, BOARD MEMBERS, AND COMMITTEE ASSIGNMENT

RECREATION BOARD

OFFICERS

President: Camille Montemurno 561-239-6844
 Vice Pres: Iris Schnell 321-399-1692
 Secretary: Lynne Cohen 201-314-6537
 Treasurer: Howard Appel 201-926-1060

COMMITTEES (* indicates non-board members)

Gym:
 Pool: Camille Montemurno 561-239-6844
 Activity Ctr: Camille Montemurno 561-239-6844
 Landscaping:
 Lost & Found Tom Clark 347-728-4037
 Library:Linda Montgomery * 561-270-7880
 Alliance Iris Schnell 929-336-8286
 Entertainment: Lynne Cohen 201-314-6537
 Tickets: Tom Clark 347-728-4037
 Nancy Tovar 954-383-6578
 Flyers/Posters:Toby Gordon 201-873-6379
 Seminars Lynne Cohen 201-314-6537
 Event Rick Mancini* 917-865-6563
 Coordinator Lynne Cohen 201-314-6537
 A/C: Camille M 561-239-6844
 Web Master, Zoom, Sound & Video:
 Alan Shwartz* 561-376-4040

alan@delrayvillasrec.com

[Lost & Found; Ticket Office](#)

DIRECTORS

Plat 1

Anita Marie Mitchell-Shelton 202-277-8790
Itsme.anitamarie@gmail.com
 Tom Clark 347-728-4037
teeceei@aol.com
 Robert Ben Eliyahu 561-222-3802
Robert@delrayvillasrec.com

Plat 2

Ed Clemon 352-810-4413
ed@delrayvillasrec.com
 Andrea Presser 914-374-6649
apresser61@gmail.com
 Howard Appel 201-926-1060
howappe@aol.com

Plat 3

Iris Schnell 321-399-1692
ilevine2018@icloud.com
 Joann Albertson 561-865-9158
bijou834@comcast.net
 Valerie Maulen 561-601-9773
valeriemaulen@yahoo.com

Plat 4/5

Camille Montemurno 561-865-9158
camille@delrayvillasrec.com
 Lynne Cohen 201-314-6537
lynne@delrayvillasrec.com
 Judy Silsby 561-906-3782
judy@delrayvillasrec.com

CALENDAR & EVENT Camille 561-239-6844

EXECUTIVE BOARD MEMBERS: ALL PLATS

PLAT 1 2026

President: Angel M. Shelton 202-567-0013
 Vice Pres: Ray Adamatis 203-592-7287
 Treasurer: Dave Del Gaiso 201-232-9640
 Co Treas: Marlene Peritzman 561-6376070
 Secretary: Marcie Mendelson 513-703-9157

PLAT 2 2026

President: Ben D'Errico 201-359-1126
 Vice Pres: Linda Downs 516-312-1131
 Treasurer: Howard Appel 201-926-1060
 Communications Lisa Weingarten 516-889-1105
 Communications Pat Selinski 845-551-4917

PLAT 3 2026

President: Barbara Quinto 561-504-0191
 Vice Pres: Shari Davis 917-868-5075
 Treasurer: Richard Chrzan 570-470-8531
 Secretary: Eileen Casado 954-629-9165

PLAT 4/5 2026

President: Margaret Bogner 904-902-5633
 Vice Pres: Alan Rossman 561-901-3002
 Treasurer: Sheila Lane 561-381-7725
 Secretary: Diane Stevens 413-222-7866

WE CARE Paul Mirsky 917-684-9115
 Sam Fleishman 410-493-7842

DV Rec News Patti Lazaroff 561-498-8691
patlazaroff@gmail.com

****FOR ALL PLATS****

The Recreation Board cordially invites **ALL** Plat Presidents to attend our meetings on the 1st Tuesday of every month.

Committee members needed for following:

TENNIS: Camille 561-239-6844
 ELECTRICAL: Howie (Chairperson) 201-926-1060

LANDSCAPING:

My Role On The Rec Board



Andy Presser

Hi, my name is Andy Presser, and I'm in the fortunate position of being both a homeowner for the past five years in Plat 2 and now a resident of Plat 4/5. This past December, the Plat 2 HOA Board appointed me as its representative to the Recreation Association. In this role, I keep our board updated on Rec Association meetings, events, and activities.

Recently, the Rec Board gave me the responsibility of overseeing the gym. I'm happy to report that both the gym and locker rooms will soon have new LED lighting and a fresh coat of paint. In addition, we now have an affordable personal trainer available to help residents learn how to use the equipment safely and get the most out of their workouts.

I'm grateful to be part of this wonderful community, both as a volunteer and as someone who enjoys participating in its many activities.

DELRAY VILLAS RECREATION PRESENTS...

FREE SEMINAR PRESENTED BY

PALM BEACH COUNTY FIRE AND RESCUE

HOW TO... HANDS ON ONLY CPR AND AED

Thursday MAY 14th

At 1:30pm in the "A" Building

**SPECIAL GUEST SPEAKER
PBCFR SAFETY SPECIALIST • CHARBEL KHADIJ**

Please pre-register in the ticket office so we can properly prepare the room.

Any questions call Iris Schnell • 321-399-1692

Pool and Gym now open till 9p. Please be respectful of noise level after 8p. THANKS DVRA

The address FOR OUR WEBSITE IS

Delrayvillasrec.com

SHED IN POOL AREA



Security:

Is important. Please use your FOB when entering Rec Center buildings, pool, and activity center. We ask you NOT to let anyone without a fob to enter.

Some may have lost their privileges/don't live in the community.



If you are in need of a key for bocce/shuffleboard sheds, please call Patti Lazaroff @561-498-8691. \$30 each



If you are in need a fob for the Recreation Center Call Judy Clemon (Plat 1, 2, 3 & 4/5) 352-810-4413

WHO WANTS TO PLAY BOCCE?

WE ARE LOOKING FOR PLAYERS!
Call Marlene Mirsky • 917-673-7830
Or Paul Mirsky • 917-684-9115



Enjoy Reading?

Like to Discuss Books with Friends?

Join us!

DELRAY VILLAS BOOK CLUB

Meets at 1:00pm • 1st Monday of the Month

Arts and Crafts Room, Building B

For more info, call

Elaine Guanci

770-630-7367

Upcoming Books

**April 6, 2026 *The Emperor of Gladness*
Ocean Young**

**May 4, 2026 *The Stolen Queen*
Fiona Davis**

**June 1, 2026 *Junie*
Erin Crosby Eckstein**



**DNA TOTAL FITNESS
AIDA**



AQUA ZUMBA

Aqua Zumba is a water-based workout that combines Zumba dance moves with traditional aqua fitness exercises. It's a cardio-conditioning, body-toning workout that takes place in a pool.

**Beginning April 1, 2026
5:30 PM Every Wednesday**

Location: 13290 Via Vulcanus, Delray Beach, FL 33484



TOTAL BODY FITNESS ROSA



Delray Villas Recreation Presents

FREE ZUMBA CLASSES!

Get ready to **Move, Groove, and Feel Great!**
Join us for an energizing workout that includes...
Standing and Chair Zumba, perfect for all fitness levels.
Stay Active, Have Fun, And Boost Your Health

All For Free!

Come Ready To Dance And Make Wellness A Blast!

For More Info Call IRIS SCHNELL 321-399-1692

**Classes are 9 to 10am in the "A" Building
Twice a month on 2nd and 3rd Wednesday**

FITNESS IN THE COMMUNITY

Please Register In The "B" Building Ticket Office
Thursday & Saturday 10am to Noon
Any Questions Call;
Tom Clark 347-728-4037 • Lynne Cohen 201-314-6537



**April 8 and 15
May 13 and 20
June 10 and 17**



April 2026

:Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1) 9:30a COPS 5p Aqua Zumba Plat 2 pool 6:30p Show Re- hearsal 1st night Passover	2) 9:30a-11:30a Bocci 10a-12p/6-8p Ticket Office 6:45p Men's 9 ball	3) PALM SUNDAY 9a-11:30a Painting 1p Learn Mahjong	4)10a-11a Yoga 10a-12p Ticket Office 11:15a Chair Yoga VR 7p Musical Bingo
5) EASTER	6) 6-8p Ticket Office	7) 9:30a-11:30a Bocci 1:30p Show Re- hearsal 6:45p Men's 9 ball 7p DVRA Mtg A	8) 9-10a Free Zumba A 5p Aqua Zumba Plat 2 Pool 6:30p Show Rehearsal 7p Veteran's Meet- ing 7p Plat 1 Board Board Mtg VR	9) LAST DAY PASSOVER 9:30a-11:30a Boc- ci 10a-12p/6-8p Ticket Office 6:45p Men's 9 ball 7p Plat 2 Board mtg VR	10) 9a-11:30a Painting 1p Learn Mahjong	11) 10a-11a Yoga 10a-12p Ticket Office 11:15a Chair Yoga VR
12)	13) 6-8p Ticket Office 7p Plat 3 Board Mtg	14) 9:30a-11a Bocci 11a-12p TaiChi 1:30p Show Re- hearsal 6:45p Men's 9 ball 7p 4/5 Board VR	15) 9-10a Free Zumba A 5p Aqua Zumba Plat 2 Pool 6:30p Show Rehearsal	16) 9:30a-11:30a Bocci 10a-12p/6-8p Ticket Office 11a-12p TaiChi 6:45p Men's 9 ball	17) 9a-11:30a Painting 1p Learn Mahjong	18) 10a-11a Yoga 10a-12p Ticket Office 11:15a Chair Yoga VR
19)	20) 6-8p Ticket Office	21) 9:30a-11:30a Bocci 11a-12p TaiChi 6:45p Men's 9 ball	22) 9-10a Free Zumba A 5p Aqua Zumba Plat 2 pool 6:30p Show Rehearsal	23) 9:30a-11:30a Bocci 10a-12p/6-8p Ticket Office 11a-12p TaiChi 6:45p Men's 9 ball	24) 9a-11:30a Painting 1p Learn Mahjong	25) 10a-11a Yoga 10a-12p Ticket Office 11:15a Chair Yoga VR 7p DVRA MEMORY SHOW
26)	27) 6-8p Ticket Office	28) 9:30a-11:30a Bocci 11a-12p TaiChi 6:45p Men's 9 ball	29) 9-10a Free Zumba A 5p Aqua Zumba Plat 2 pool	30) 9:30a-11:30a Bocci 11a-12p TaiChi 10a-12p/6-8p Ticket Office 6:45p Men's 9 ball		



CALLING ALL POOL PLAYERS!

**OUR RICH KRIZ 9 BALL LEAGUE
IS LOOKING FOR MORE PLAYERS!**

TUESDAY AND/OR THURSDAY 6:45PM TO 9PM



**NOBODY IS JUDGING YOU ON
HOW GOOD OR BAD YOU ARE!
JUST COME IN AND HAVE SOME FUN!**

FOR DETAILS CONTACT...

**SAM FLEISHMAN 410-493-7842
CARL MALYSZ • 502-939-3577**

**IF YOU WANT SOME LESSONS OR HELP TO PLAY BETTER,
PLEASE CONTACT SAM FLEISHMAN 410-493-7842
OR JOHN ELDER 646-584-2300**

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DJ MICHAEL



BACK BY POPULAR DEMAND DJ MICHAEL

**SATURDAY, MAY 23rd at 7pm till 10pm
BYOB and food, Coffee and Dessert served
Residents Only \$15pp • Guests \$20pp**



Singing/DJing the Best of
the 50's 60's 70's & Up

ALSO FEATURING

"You are the Star" Karaoke
Line Dancing
Latin Dancing
DJ Disco Dance Tracks
Full Band Backing Tracks
Entertainment

**Purchase Tickets In The "B" Building Ticket Office
Thursday & Saturday 10am to Noon
Any Questions Call • Tom Clark 347-728-4037**

Hey Delray Villas Resident's:

We have put together a fun "Show of Memories" to enjoy with music of yesteryear. Your very own performers are your neighbors and community friends hoping to have fun with all of you. Come on out to spend the evening with all of us to laugh with us, hopefully not at us.

Lynne Cohen: Director

Toby Gordon: Co Director

Show of Memories!

Enjoy the Music of Yesteryear?

Featuring Your Friends and Neighbors

Date: April 25, 2026

Time: 7 PM

Place: Delray Villas Ballroom "A" Building

Cost: \$15 pp with coffee & dessert

Buy your Tickets in the
★★ Ticket Office ★★
and get your wrist band!

Looking forward to having fun and making new memories!

TRAIN SMART...MOVE BETTER...GET RESULTS

RYAN GOULET **FITNESS COACH**

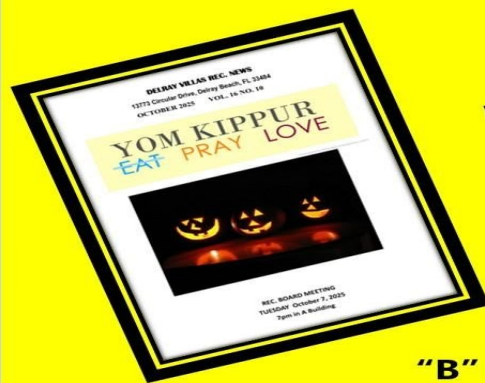
LEARN HOW TO USE GYM
MACHINES WITH CONFIDENCE

GET MORE FROM EVERY WORKOUT

EXERCISES TAILORED TO YOUR
NEEDS AND ABILITY

Call for special Delray Villas rates

561 866-0956 www.rghealthandfitness.com
healthandfitnessbyryan@gmail.com
Boca Delray Parkland Coconut Creek



REC NEWS UPDATE

The Delray Villas Recreation Newsletter
will now be published exclusively on our website:




 www.delrayvillasrec.com

No Internet? No Problem!
 Hard copies will be available in the
"B" Building lobby for those without web access.

For More Information Contact: Patti Lazaroff 561-498-8691



Tap Dancing in a Chair *Fun for Everyone!*

-  **Start Date: January 15**
-  **Time: 1:00 PM**
-  **Location: "B" Building – Viking Room**
- Instructor: Glenda Leone**
(Former Radio City Rockette)
- Low-impact, perfect for all fitness levels
- Enjoy music and movement
- No prior dance experience needed

Reserve Your Spot Today!
Sign up in the Ticket Office





**MEMBERS WANTED FOR OUR
NEW VETERAN'S CLUB!**
CONTACT: Don Daugherty 561-703-5975
Mike Jacobson 904-534-2977 • Pat Melito 631-332-6805
ALL MEETINGS ARE THE 2ND WEDNESDAY EACH MONTH @ 7pm
MEETINGS WILL BE IN THE "A" BUILDING
COFFEE SUPPLIED BY RECREATION ASSOCIATION



ALL VETERANS ARE WELCOME!

MEETINGS ARE HELD THE 2ND WEDNESDAY @ 7pm EACH MONTH AT...
DELRAY VILLAS RECREATION BUILDING "A"
13773 CIRCULAR DIVE • DELRAY BEACH FL 33484
Come on in for Coffee and Conversation
NEXT MEETINGS ARE: • MARCH 11th • APRIL 8th • MAY 13th • JUNE 10th

PROTECT YOUR PROPERTY!

FREE PROPERTY FRAUD ALERT SIGNUP EVENT!

Presented by the Clerk's Office

WHAT IS PROPERTY FRAUD?
 Property fraud happens when someone illegally uses your name to:

- Transfer ownership of your home or land
- File fake deeds or liens
- Take out loans using your property

Most victims don't know fraud has happened until it's too late.

WHAT IS PROPERTY FRAUD ALERT?
 Property Fraud Alert is a FREE notification service from the Clerk's Office that alerts you whenever a document is recorded in your name.

MIKE CARUSO
 CLERK OF THE CIRCUIT COURT & COMPTROLLER
 PALM BEACH COUNTY

Follow us @ClerkPBC

**Delray Villas Recreation
Presents A FREE Seminar on
PROPERTY FRAUD**

**Brought to you by
Palm Beach County
Clerk of the Court**

Tuesday, May 19th at 10am
 Delray Villas Recreation Center • 13773 Circular Drive,
 Building A, Delray Beach 33484

Any Questions Call • Sam Fleishman • 410-493-7842
 Please Make FREE Reservations at The "B" Building Ticket Office
 Thursday & Saturday 10am to Noon
Any Questions Call • Tom Clark 347-728-4037

GENTLE YOGA CLASSES

CLASSES ARE SATURDAY MORNINGS
10am TO 11am (\$8 PER SESSION)
IN "B" BUILDING VIKING ROOM

BRING YOUR YOGA MAT
AND BE READY TO BEGIN

Gentle yoga distinguishes itself from other yoga styles through its slow pace, simplicity, and accessibility.

Here's how it compares to some other popular yoga types:

1. Slower Movements
2. Lower Intensity
3. Adaptability
4. Focus on Relaxation
5. Fewer Transitions

FOR MORE INFO CALL FRAN RUBENSTEIN • 201-739-2223



By Carol Loftus
Chair Yoga
with Mo
at the
Rec Center



Your doctor (like mine) has said, "Time to start exercising!" Maybe you've had a knee or hip replacement and your recovery has hit a plateau. Or maybe there are a million other reasons to "move it or lose it," as the saying goes. Whatever your reason, the Rec Center offers a number of options to help you start moving again.

Chair Yoga with Mo is held at the Rec Center on Saturday mornings at 11:15 and costs \$8. No mat or special equipment is needed. The entire class is done either seated in a regular chair or standing alongside or behind the chair. This class is suitable for almost anyone and can even serve as an introduction to a regular yoga class.

The first part of the class is usually done seated and includes breathing exercises to calm the mind, along with gentle, general stretching. The second half may be done standing beside or behind the chair, using one or both hands for support. The instructor, Mo, welcomes questions about specific issues and yoga movements, and offers alternate options if a particular movement isn't comfortable.

The class finishes back in the chair with a cool down and final stretches. Some participants find they're ready to move on to the regular yoga class (Saturdays at 10:00) after a few Chair Yoga sessions, while others continue to benefit from the slower pace and focus on rehabilitation. Whichever path is right for you, I hope to see you at yoga. Namaste!



Looking for Something Different
on a Saturday Night?

Join us for a **FUN NIGHT** of

MUSIC BINGO



Saturday, April 4th



7:00 PM – 9:00 PM



“A” Building



Pay \$5 and you get 2 cards of 3 games each

Bring your friends, enjoy great music, and test your bingo skills!

Coffee and Dessert



MUSIC BINGO				
You are my sunshine By Norman Blake 	Sweet Caroline By Neil Diamond	Can't Help Falling in Love By Elvis Presley	Stand By Me By Ben E. King	Ring of Fire By Roy Cash
My Girl By The Temptations	Jolene By Dolly Parton 	Take Me Home, Country Roads By John Denver	Over The Rainbow By Judy Garland 	Dream Lover By Din
This Magic Moment By The Drifters	All You Need Is Love By The Beatles	FREE SPACE	Wouldn't It Be Nice By The Beach Boys	What a Wonderful World By Louis Armstrong
Benny and The Jets By Elton John	Here Comes the Sun By The Beatles 	Walking On Sunshine By Katrina & The Waves	You Make Me Feel So Young By Frank Sinatra	Don't Go Breaking My Heart By Elton John, Kiki Dee
Fly Me to The Moon By Frank Sinatra	Dancing Queen By ABBA	Great Balls of Fire By Jerry Lee Lewis 	Hound Dog By Elvis Presley	The Lion Sleeps Tonight By The Tokens

Classes Starting **APRIL 14th**

Delray Villas Recreation Presents

Free Classes in **Tai Chi**

Tai Ji Quan: Moving for Better Balance®

Did you know that falls are the #1 cause of traumatic injury in Palm Beach County?

Did you know that falls can often be prevented?

Tai chi has proven to be a powerful tool in maintaining stability and enhancing overall well-being.

DELRAY VILLAS RECREATION ASSOCIATION

JOIN US FOR FREE TAI JI QUAN CLASSES IN THE “A” BUILDING

BEGINNING TUESDAY, APRIL 14th

Every Tuesday and Thursday, from 11:00am to Noon FOR A TOTAL OF 12 WEEKS

YOU MUST ATTEND 18 OUT OF 24 CLASSES

JOIN US TO...

- Improve your balance
- Strengthen your muscles
- Increase your flexibility
- Reduce the risk of falls

All skill levels are welcome!

These classes are for those that have taken Part 1

MUST REGISTER IN THE TICKET OFFICE SEATS ARE LIMITED!

For More Info Call • IRIS SCHNELL 321-399-1692



**PAINTING CLASSES
FRIDAY MORNINGS
9 - 11:30am
ARTS and CRAFTS ROOM
FOR DETAILS CALL
CAROLYN GARTER
561-498-3093**

TICKETS

**In order to accommodate more of our residents,
we have expanded our ticket office hours**

New... Ticket Office Has Expanded Hours:

- **Monday & Thursday: 6:00 PM – 8:00 PM**
- **Thursday & Saturday: 10:00 AM – Noon**

Any Questions Call;
Tom Clark 347-728-4037 • Nancy Tovar 954-383-6578



**DELRAY VILLAS REC ASSOC
GOES TO
THE BIG EASY CASINO
WEDNESDAY, APRIL 29th
\$30 pp**

**Leave clubhouse 9:15 • Return approx. 4:15
Get 10 points and receive \$30
Bus will have a ramp for easy access**



**Sign Up In The "B" Building Ticket Office
Thursday and Saturday • 10am to Noon**

Any Questions Call:

Joann Albertson 516-242-7252 • Shelley Miller 302-593-4261

Tom Clark 347-728-4037

**SUPPORT
DELRAY VILLAS
RECREATION
ASSOCIATION**

**ATTEND OUR
ENTERTAINMENT
SHOWS & CLUBS
FOR ALL RESIDENTS**

WEEKLY ACTIVITIES

MONDAY

1p (1st Monday of month Craft Rm) Book Club		Elaine Guanci	770-630-7367
6-8p	Ticket Office	Nancy Tovar	954-38-6578

TUESDAY

9:30a-11a	Bocce Ball	Marlene Mirsky	917-673-7830
11a-12p	TaiChi	Iris Schnell	321-399-1692
6:45P	9 ball	Sam Fleishman	410-493-7842

WEDNESDAY

9a-10a	Free Zumba in A (2nd & 3rd Wednesday)	Nancy Grasso	201-770-4481
10a (1st Wed/month)	COPS	Capt. Lynn Goldstein	561-445-4256
5:30p	Aqua Zumba (plat 2 pool)	Andy Presser	914-374-6649

THURSDAY

9:30a-11a	Bocce Ball	Marlene Mirsky	917-673-7830
10a-12p	Ticket Office	Tom Clark	347-728-4037
11a-12p	TaiChi	Iris Schnell	321-399-1692
6p-8p	Ticket Office	Nancy Tovar	954-383-6578
6:45p	9 Ball	Carl Malysz	502-939-3577
		Sam Fleishman	410-493-7842

FRIDAY

9:00a-11:30a	Painting	Carolyn Garter	561-498-3093
1p-3p	Learning Mahjongg (must sign up)	Ronnie Townsend	732-501-1029

SATURDAY

10a-11a	Yoga VR	Fran Rubenstein	201-739-2223
11:15a	Chair Yoga VR	Fran Rubenstein	201-739-2223
10a-12p	Ticket Office Open	Tom Clark	347-728-4037

Editor: Patti Lazaroff

Co-Editor: Lynne Cohen